

My Super Kid Daily Star Routine Chart

Ages 3 - 8

Complete each daily habit to earn shiny stars from Mom & Dad!

NAME: _____

DATE: _____

DAILY SUPERPOWER HABIT

MON

TUE

WED

THU

FRI

SAT

SUN

1. Wake up with a big smile & make my bed



2. Brush teeth morning & night (2 minutes)



3. Eat healthy fruits & veggies at lunch



4. Complete today's learning worksheet (Screen-Free)



5. Clean up toys and put books on the shelf



6. Kind words: Say 'Please' and 'Thank You'



7. Drink 4-5 glasses of clean water



8. Sleep on time without mobile phone



WEEKLY REWARD GOAL (Set by Parents):

If I earn at least 35 stars this week, my special reward is: _____

Parent Signature: _____ Total Stars Earned: _____ / 56 ■